

WEEK-2 DAY-3 IN MINDFUL PARENTING SERIES

Become an Inspirational Role Model

1

Identify which passion and skills you as parents possess that you would like to share with your children?

2

What steps will you take to do this?

3

What is your child naturally drawn to?

4

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How can you guide him/her to turn that curiosity into a passion?

5

Describe in a phrase about how you feel after putting your thoughts into words?

