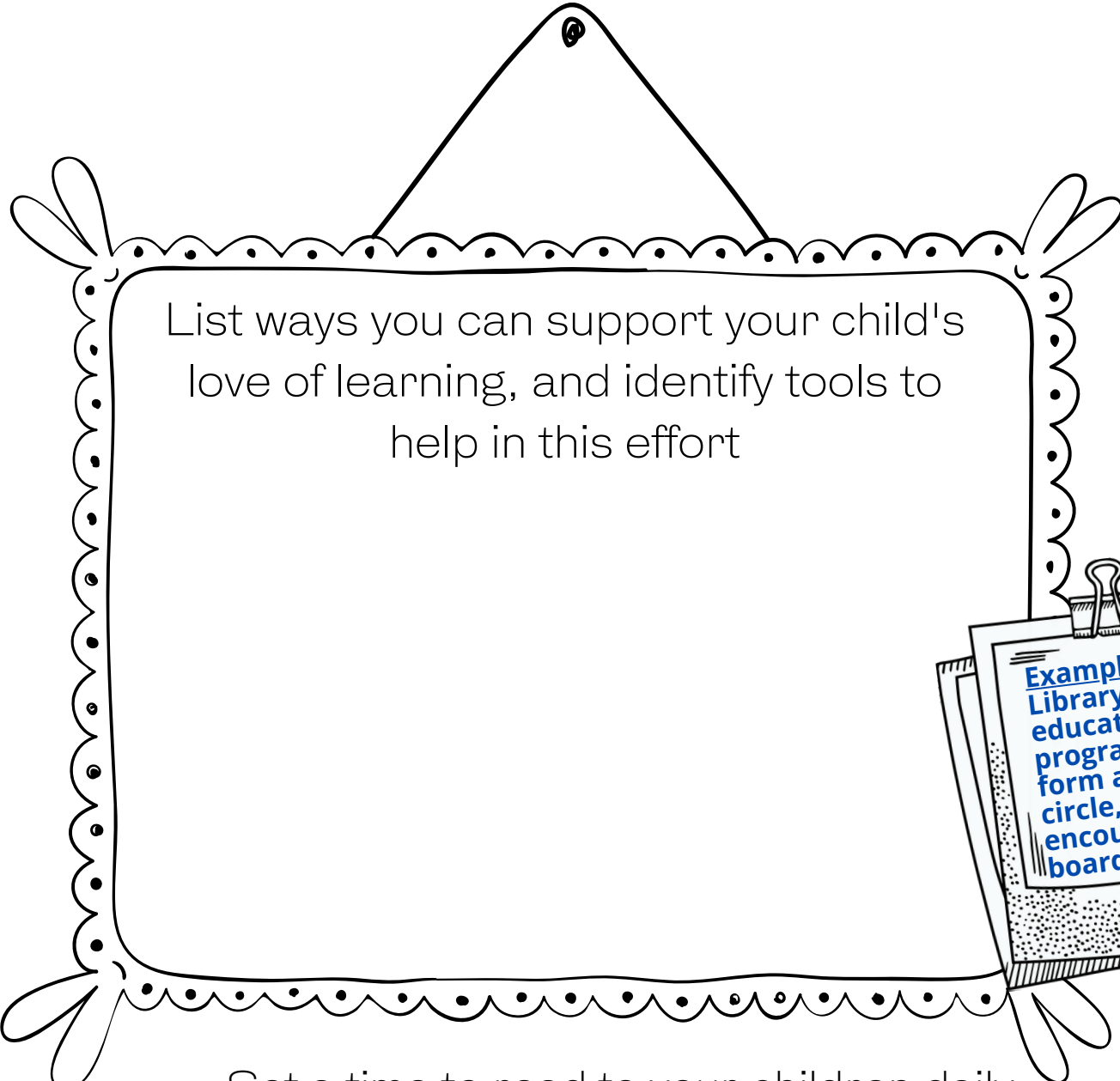


# Week-2 Day-1 in Mindful Parenting Series

## "Mother, I just got kicked out of school"



List ways you can support your child's love of learning, and identify tools to help in this effort



**Examples:**  
Library, online education programmes, form a study circle, encourage board games!

Set a time to read to your children daily...  
Discuss strategies...

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